

EAST BORDERS CROSS COUNTRY

The local rivalries were reversed again at the fourth event in the Eastern Borders Cross Country League at Spittal near Berwick upon Tweed last weekend. Dunbar running Club just pipped Haddington and East Lothian Pacemakers (HELP) in the team competition by a few points. Ian Sills (7th) supported by Stuart Hay (22nd) and Lauren Peffers (39th) made up the counting team in a race of 90 athletes on a course which took the runners along the wide beach of the seaside town onto the clifftop path on an out and back course of 4 ½ miles. Haddington were led home by super veteran Sandy Wallace (35th) followed by Neil Tuner (40th) and Brian Carr (42nd). Their clubmates George Armstrong (69th), coming back from injury, and Roy Menzies (78th) completed the representation while Dunbar's Joe Nairn (55th), Anne Hay (60th), Amanda Thornton (77th) and Kevin Smith (80th) also took part.

In the junior race HELP's Lisa Menzies came in first in her age group to maintain her lead in the series. Sandy Wallace and Lauren Peffers are also ahead in their respective age groups and can be confident of silverware with only two races to go.