

WINTER CROSS COUNTRY RACE

HELP members travelled to Galashiels earlier this month for the first cross country race of the New Year and were rewarded with first overall place when Humber farmer, Brian Marshall beat 100 athletes to the line after a tussle with Borders runner, Euan Jardine. The four mile hilly course through the fields on the edge of the town suited the hill running champion and there was little doubt who would come out on top at the third race in the East Borders League series . The county club scored third in the club competition with new member Chris Broadbent (9th) and Gavin Lightwood (32nd) making up the scoring team. Further down the field Neil Turner (54th) and super veterans Sandy Wallace (59th), Brian Carr (69th) and Ray Harris (71st) completed the Haddington representation.

Dunbar Running Club without their strongest team came in 7th overall with Ian Sills, Grant Noble and Stuart Hay collecting points while Anne Hay had her usual steady run maintaining her age category lead in the series. The next round at Berwick upon Tweed, on Sunday will be run partly on the beach and then along the clifftop trail.