

Newsletter April 2008

Evening Lecture - 8pm Monday 14 April 2008 at Maitlandfield Hotel, Haddington

Fatal incidents during races require HELP to consider arrangements during our races. Dr. Gordon Cameron, Musculoskeletal Specialist and doctor to Falkirk Football Club will give a lecture covering the most common reasons for sudden death in athletes, the rationale behind cardiac screening and the implications of undertaking this screening. Names to Joe Forte ASAP

Ceilidh

Club event is being arranged by Ian Murphy for Saturday 31 May 2008 at Tynninghame Village Hall. Details to follow - Put it on your diary NOW.

London Marathon (1)

Aan Proudfoot is running this weekend and raising sponsorship for Marie Curie. Please support and commit to him at alan.proudfoot3@btinternet.com

London Marathon (2)

Reminder - Claire and I are arranging an early morning run on Sunday - any distance. To be followed by shower, breakfast and then TV. Phone 01620 893 590 if you are interested

Sandy Wallace - Chairman