

RUNNING RESULTS ROUND UP FOR 21ST APRIL 2008

ROAD RUNNING

Runners from all of the three local Athletic Clubs took part in the 2008 London Marathon with Ian Rowlands (DRC) completing the 26.2 course in 2hrs 54m53s, Alan Proudfoot (HELP) took 3hrs 09m.53s; Stewart McConnell (MADAC) 3hrs 52m 07s; Neil Jones completed his first marathon in 4hrs 07m and Sheila Morrison took 4hrs 43m; Grahame Walkingshaw (HELP) 4hrs 57m45s and Maggie Shea (HELP) 5hrs 05m 31s. Most of them were completing the course for various good causes including Age Concern and Cancer Research.

Last week-end the course was some 20miles shorter at the Gala 10k race where Dunbar Running Club Veterans were out in force with Stuart Hay in 9th place in 36m30s; George Gillhooley 11th 36m52s; Steve Pattison 34th in 40m43s. Anne Hay was first Senior Veteran Lady in 62nd place in 46m10s. In 72nd place was HELP's only competitor Super Vet George Armstrong in 47m47s; with Jamie Cherrie bring up the tail enders in 74th place in 48m19s.

TRACK

A number of East Lothian Track Athletes were at Meadowbank last Sunday for the first Scottish Women's league event: Notable winners were Lauren Peffers from Dunbar in the Senior Womens 800mts in 2m20.45s; Olivia Mackenzie (Haddington) back from her run in the London Mini Marathon where she finished 38th won the Under 15 Girls 800mt in 2m30.30s and Sarah Warnock (Musselburgh) took the Under 20 Womens Long Jump with a leap of 5m51cm; Fiona Cleat (Longniddry) and Rachel Lindsay (Dunbar) both took 3rd places in their respective Under 17 and Under 15 100mts events in 13.62s and 14.04s; Mhairi Howard (Musselburgh) was 4th in her 200mts race in 32.83s.

This week-end will see young athletes from Musselburgh ADAC and HELP competing for Team East Lothian in the first Lothian inter District event at Meadowbank. Dunbar Running Club have chosen to compete in the Scottish Central and South League at Dumfries.

HILL

Brian Marshall (HELP) retained his title at the Knocknaben Hill race last week-end John Graham (HELP) over 50 finished in 49th place in a time of 39:31. and Fundo Mhura (HELP) finished 27th in 24:08 at the Hunters Bog Trot.

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