

DUNFIRMLINE HALF MARATHON

Local runners:

Fiona Nairn (DRC) was the second over 45 female to finish in the Dunfermline Half marathon last Sunday finishing 121st in 1hr 33m07s ahead of club mate Steve Pattison V50 140th 1hr 34m37s. John Hughes (HELP) finished 447th in 1hr 53m 32s just two places ahead of Mary Pattison (DRC) but her 'chip' time of 1hr 53m05s had her ahead.

Malcolm Quinn(HELP) V50 clocked 1hr 56m54s and Richard Bent (DRC) took 2hrs 11m01s

a total of 776 runners finished the course.

Henry Muchamore.

ATHLETICS

TRACK & FIELD REPORT

EAST DISTRICT CHAMPIONSHIPS.

ANNA'S TRIPLE GOLD

Anna Seago (Edinburgh Athletic Club) is still a schoolgirl at North Berwick High School, but could be Scotland's bright star for the heptathlon at the next

Commonwealth Games if she continues with her progress in athletic field and track events. Last week-end at Meadowbank Anna came away with three gold medals in her under 17 women's field events and a bronze medal in the 200 mts final.

On Saturday she won the javelin with a throw of 31m62cm; and on Sunday she won the Shot put with a throw 9m26cm and the Long Jump with a leap of 5m55cm. In between events she competed in both the heat and final of the 200mts and picked up a bronze medal in 27.44s.

It was a busy week-end for a number of other East Lothian Youngsters; Fiona Cleat (EAC) was 2nd in the 200mts final in 27.01 on Sunday, having reached the final of the 100mts on Saturday where she finished 5th in 13.18. Rachel Lindsay (DRC) took 3rd place in the final of the 100mts u/15 girls in 13.43, after winning her heat. She also finished 2nd in her 200mt heat in 28.73s. Then leapt 3m91cm in the Long Jump.

Olivia Mackenzie (EAC) was 3rd in her U/15G 800mt final in 2m25.64s, and Joanne Lindsay 10th in 2m48.19s

The boys were also on form but not so successful in the medals: Ross Matheson (LAC) was 5th in the U/17M 1500mts final in 4m18.78 followed home by Lindsay Gordon(LAC) 4m20s; Andrew Chrichton (DRC) 4m 21.04 and Peter Loudon (LAC) 4m28.72; The Loudon brothers did well in several events setting personal best times; Peter was 5th in the 800mts and 2nd in the Triple Jump 11m12cm; Andrew took 5th place in both the U/15 Long Jump 3m85cm and the shot put 5m86cm.

Dunbar RC have two new good youngsters in Andrew Chrichton who followed up his 1500 mt run with 4th place in the 3000mts in 9m28.31s and Guy Learmouth was 2nd in the Senior men's 800mts with 2m01.73s. Bruce Lindsay was 5th in the Under 15B 800mts final in 2m24.71s.

Henry Muchamore

Pacemaker Enterprises. 12.05.2008.

