

## DOWNPOUR HITS ROAD RACE RUNNERS.

There were dark clouds and the sound of distant thunder in the air at the start of this years Penicuik 10k Road Race, and the runners reaching the finish in under 45 minutes had a clear run, however when the heavens opened for over 30minutes at 3pm both runners, marshals and finish officials got not only soaked but pelted with hail stones. Hence an unwelcome early shower greeted everyone.

The race was won by Paul Arcari from Kilbarchan AC in 32m25s well ahead of Dave Simpson, Carnegie Harriers in 33m06s. Keith Hood Corstorphine AC lead his team home in third spot and with it the Team prize.

The first woman to finish was Sarah Donnelly in 40m40s, from Emily Hargreaves from Lytham St Annes in 42m59s and Emma Davis of Footworks in 44m37s.

Dunbar Running Club continued their winning streak for the Veteran awards with Stuart Hay (7th) 37m31s picking up the V40 prize; George Gilhooley 9th 38.21 won the V45 prize and Anne Hay was 1st VF45 to finish in47m31s.

Other local club finishers included John Anderson V40, Penicuik H 10th 38m.32s,Duncan Ball V40 (PH) 13th 38.48s; Alan Proudfoot (HELP) V40,17th 40m11s; Tom Harley V50 (HELP) 42m35s. 107th Derrek Buglass (DRC) 49m30s;140th Val Herring (DRC) 54m07s; 143rd Sheila Morrison 55m14s; 149th Chris Wood (PH) 55m52s; 150th Neil White (MADAC) 56m33s; 154th Audrey Grigg (MADAC) 55m52s.

Henry Muchamore, Pacemaker Enterprises 11.05.08