



Affiliated to Scottish Athletics

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Membership Secretary: Brian Carr – 3 West Saltoun Cottage – West Saltoun – Pencaitland – East Lothian – EH34 5EJ  
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[www.helprunningclub.org.uk](http://www.helprunningclub.org.uk)

## **RENEWAL OF MEMBERSHIP**

Title (Mr./Mrs./Ms./Miss/Other): ..... Address: .....

Name: .....

Phone (Home): ..... Town: .....

Phone (Mobile):..... County: .....

Email: ..... Postcode: .....

..... Date of Birth: .....

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## **Subscriptions**

I enclose my subscription of \*£12.00 / £20.00 (delete as appropriate) for the Club's financial year 1 October 2007 to 30 September 2008.

\*£20.00 for full running member

£12.00 for those who do not enter and take part in permitted races

Please make your cheques payable to H.E.L.P.

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**Please return to the Membership Secretary**